RESOURCES

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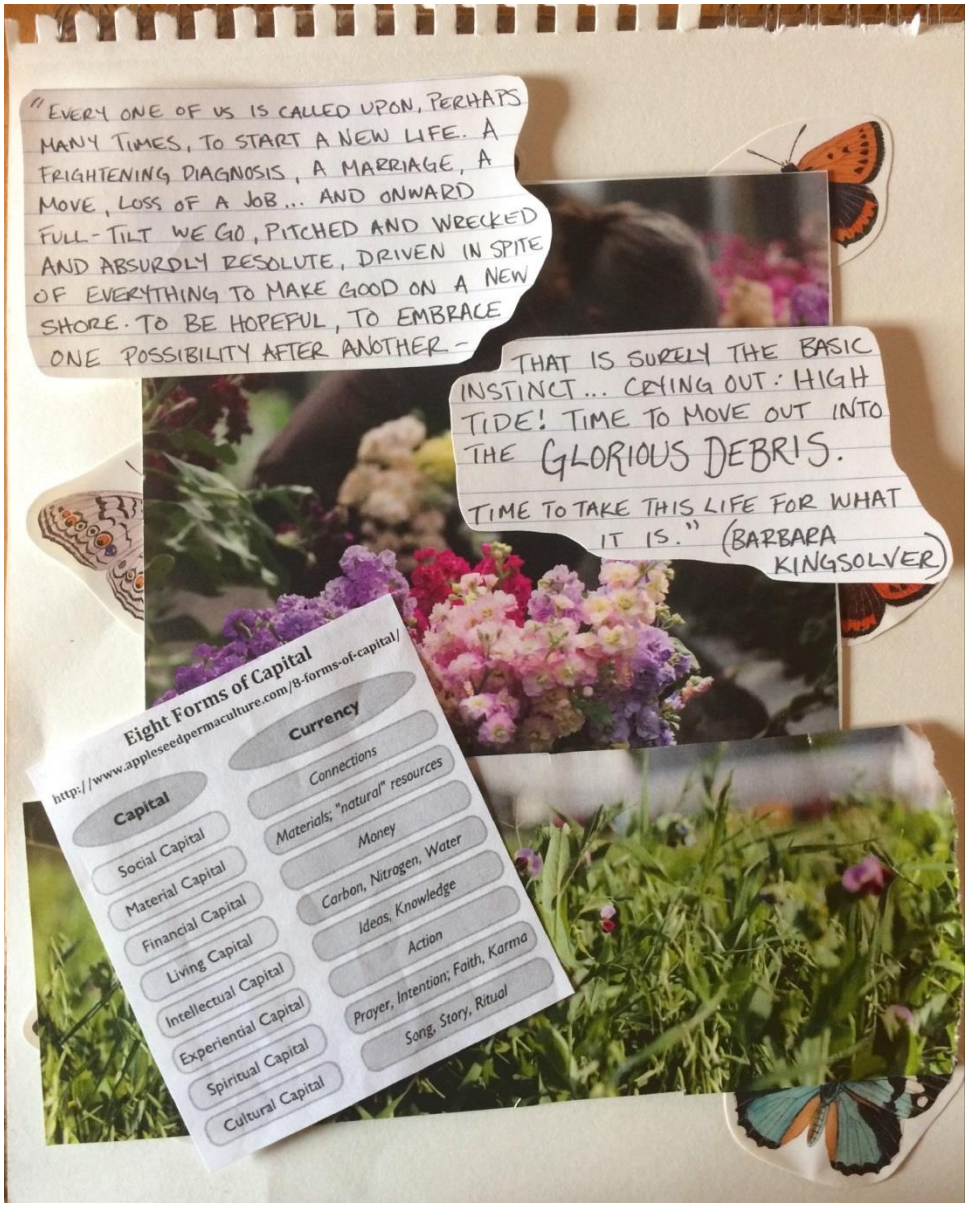
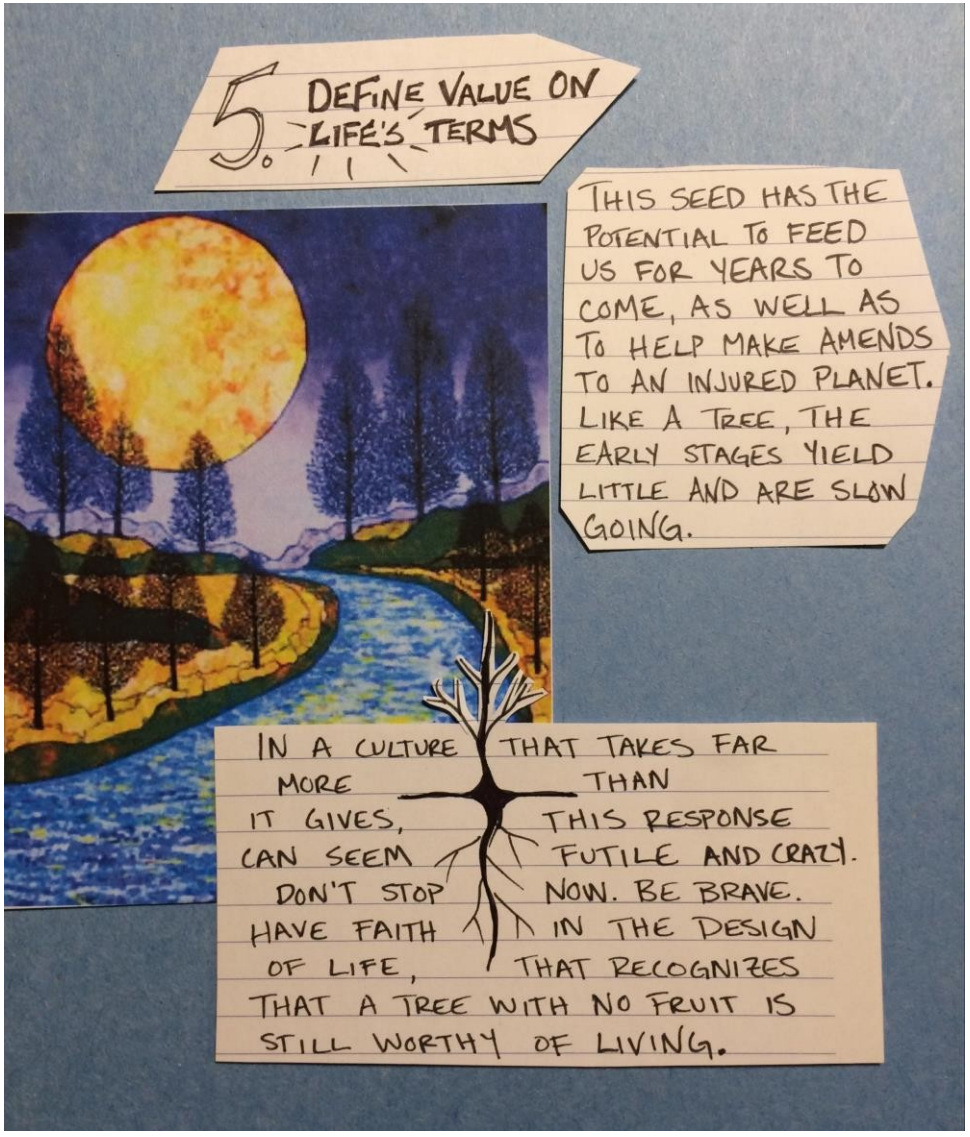
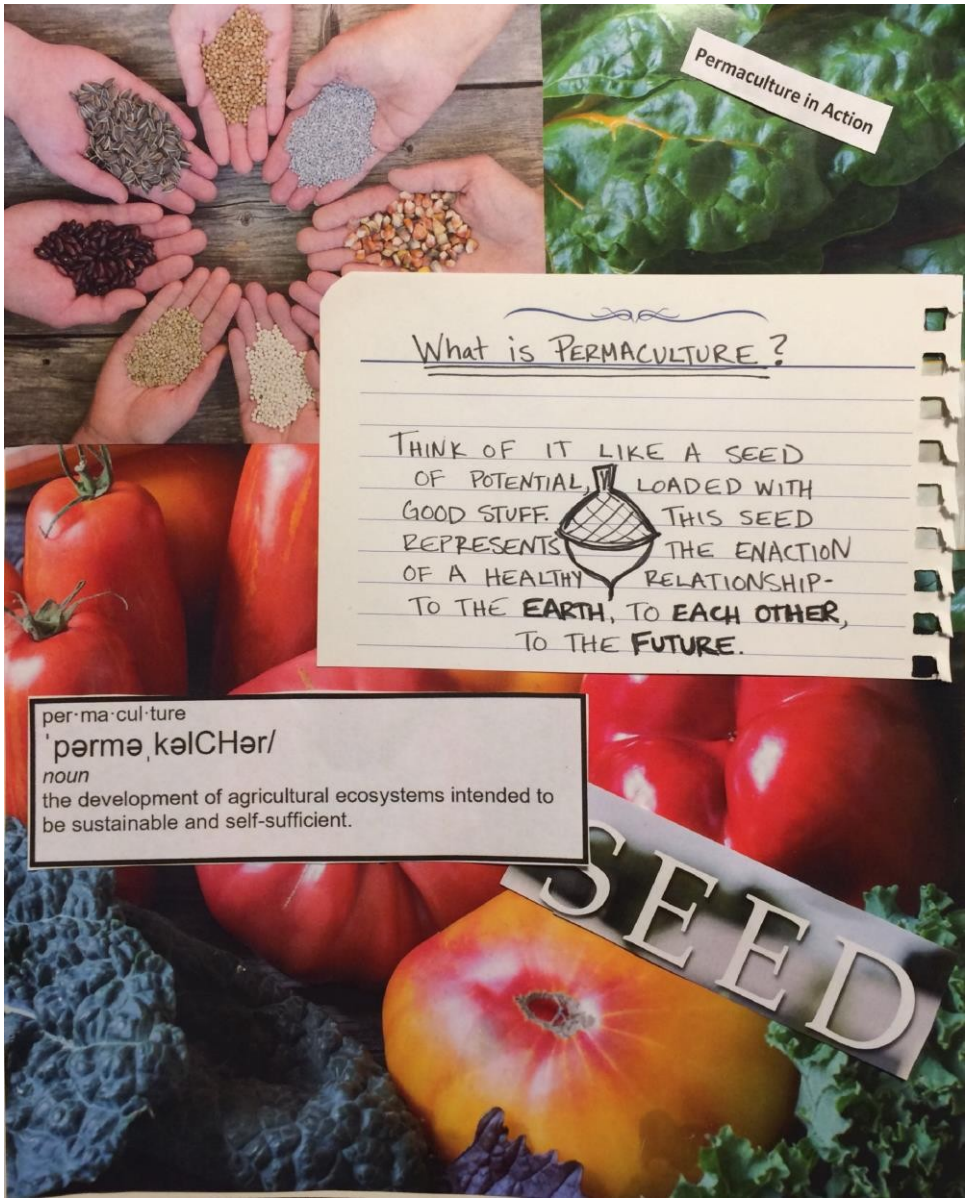
GLORIOUS DEBRIS

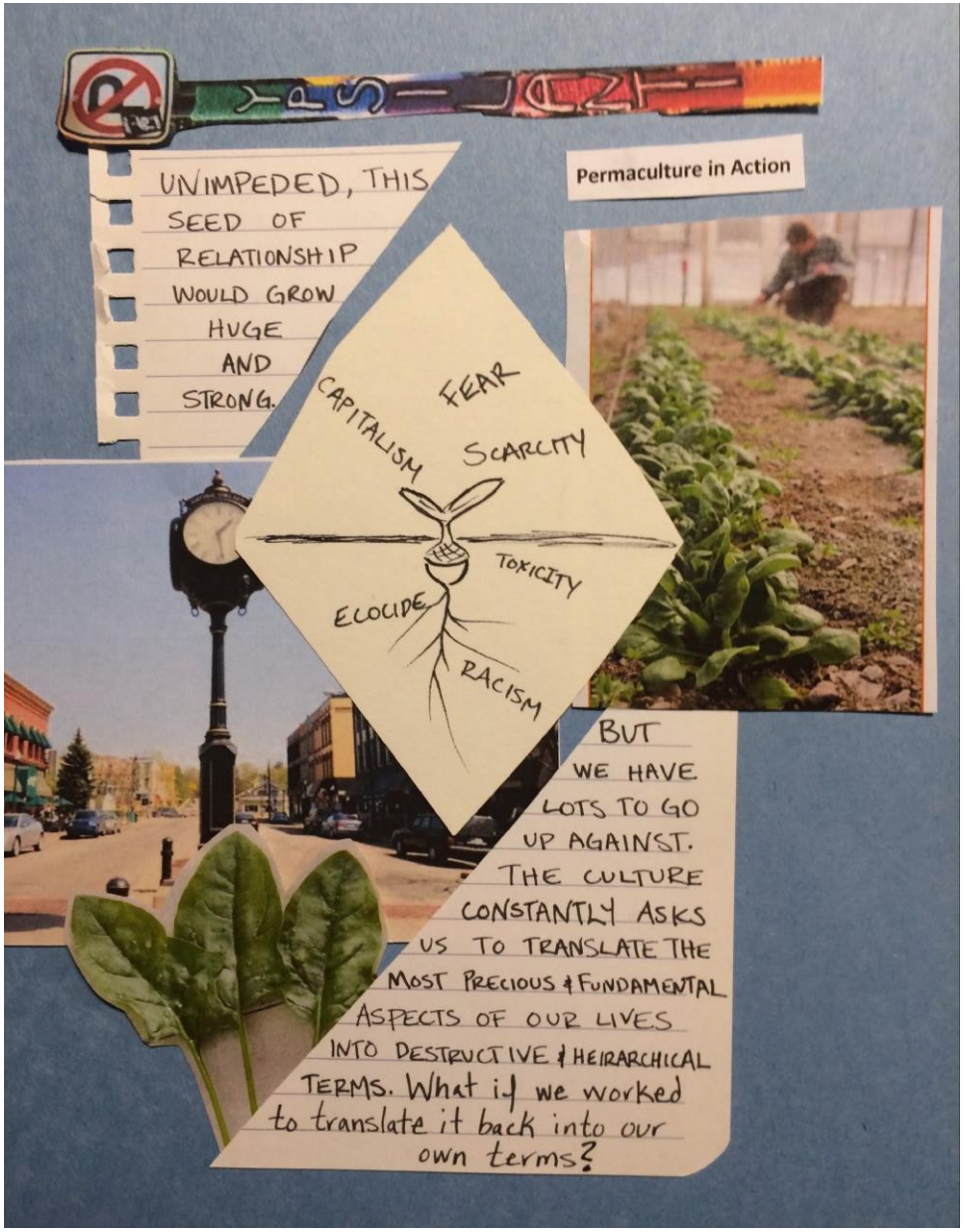
ISSUE 1

"TO CHERISH WHAT REMAINS
OF THE EARTH AND TO
FOSTER ITS RENEWAL IS
OUR ONLY LEGITIMATE
HOPE OF SURVIVAL."
(WENDELL BERRY)

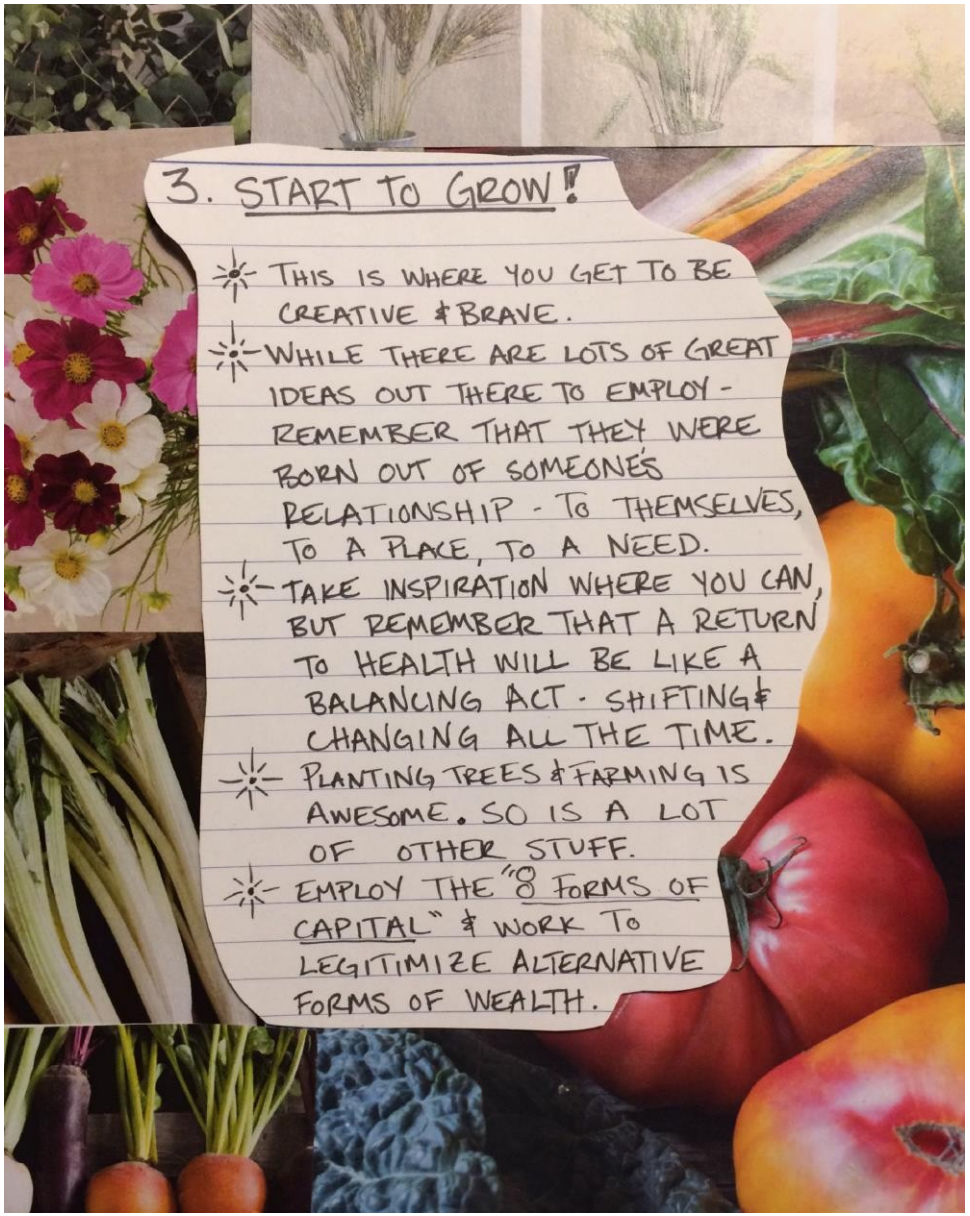

"EVERY ONE OF US IS CALLED UPON, PERHAPS
MANY TIMES, TO START A NEW LIFE. A
FRIGHTENING DIAGNOSIS, A MARRIAGE, A
MOVE, LOSS OF A JOB... AND ONWARD
FULL-TILT WE GO, PITCHED AND WRECKED
AND ABSURDLY RESOLUTE, DRIVEN IN SPITE
OF EVERYTHING TO MAKE GOOD ON A NEW
SHORE. TO BE HOPEFUL, TO EMBRACE
ONE POSSIBILITY AFTER ANOTHER -
THAT IS SURELY THE BASIC
INSTINCT... CRYING OUT: HIGH
TIDE! TIME TO MOVE OUT INTO
THE GLORIOUS DEBRIS.
TIME TO TAKE THIS LIFE FOR WHAT
IT IS." (BARBARA
KINGSOLVER)
Eight Forms of Capital
http://www.appleseedpermaculture.com/8-forms-of-capital/
Capital
Currency
Social Capital
Connections
Material Capital
Materials; "natural" resources
Financial Capital
Money
Living Capital
Carbon, Nitrogen, Water
Intellectual Capital
Ideas, Knowledge
Experiential Capital
Action
Spiritual Capital
Prayer, Intention; Faith, Karma
Cultural Capital
Song, Story, Ritual

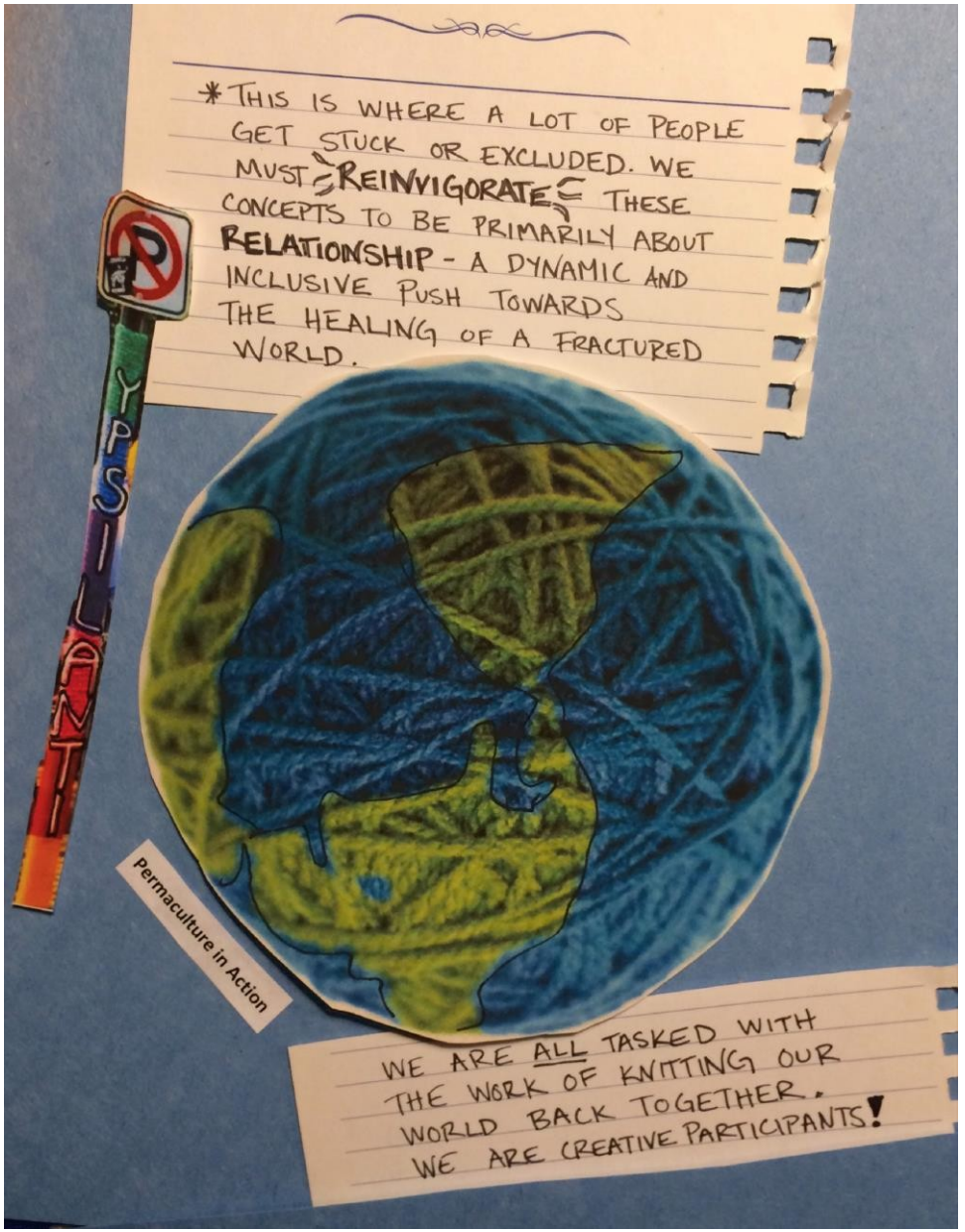

5. DEFINE VALUE ON LIFE'S TERMS
THIS SEED HAS THE POTENTIAL TO FEED US FOR YEARS TO COME, AS WELL AS TO HELP MAKE AMENDS TO AN INJURED PLANET. LIKE A TREE, THE EARLY STAGES YIELD LITTLE AND ARE SLOW GOING.
IN A CULTURE THAT TAKES FAR MORE THAN IT GIVES, THIS RESPONSE CAN SEEM FUTILE AND CRAZY. DON'T STOP NOW. BE BRAVE. HAVE FAITH IN THE DESIGN OF LIFE, THAT RECOGNIZES THAT A TREE WITH NO FRUIT IS STILL WORTHY OF LIVING.


Permaculture in Action
What is PERMACULTURE?
THINK OF IT LIKE A SEED OF POTENTIAL, LOADED WITH GOOD STUFF. THIS SEED REPRESENTS THE ENACTION OF A HEALTHY RELATIONSHIP- TO THE EARTH, TO EACH OTHER, TO THE FUTURE.
per·ma·cul·ture
ˈpərməˌkəlCHər/
noun
the development of agricultural ecosystems intended to be sustainable and self-sufficient.
SEED


UNIMPEDED, THIS SEED OF RELATIONSHIP WOULD GROW HUGE AND STRONG.
Permaculture in Action
CAPITALISM
FEAR
SCARCITY
TOXICITY
ECOCIDE
RACISM
BUT WE HAVE LOTS TO GO UP AGAINST. THE CULTURE CONSTANTLY ASKS US TO TRANSLATE THE MOST PRECIOUS & FUNDAMENTAL ASPECTS OF OUR LIVES INTO DESTRUCTIVE & HEIRARCHICAL TERMS. What if we worked to translate it back into our own terms?

4. CONNECT
LIKE GROWING ANY RELATIONSHIP, IT TAKES TIME & SIMPLE PRESENCE. DON'T UNDERESTIMATE THE POWER OF SIMPLE CONNECTION. WATCH. LISTEN. TOUCH.
TAKE WALKS & THINK ABOUT THIS PLACE YOU'RE IN.
↳ How will you know the needs of your community until you greet them regularly?
CONNECT WITH YOURSELF. ♡
GET FIT, EAT WELL, BE A FRIEND TO YOURSELF. YOU ARE PART OF EVERYTHING.
↳ How will you know the needs of the RIVER until you listen long enough to hear it speak?
FIND OTHERS & GET INSPIRED!
↳ check out our resource list in back!


3. START TO GROW!
✳ THIS IS WHERE YOU GET TO BE CREATIVE & BRAVE.
✳ WHILE THERE ARE LOTS OF GREAT IDEAS OUT THERE TO EMPLOY - REMEMBER THAT THEY WERE BORN OUT OF SOMEONE'S RELATIONSHIP - TO THEMSELVES, TO A PLACE, TO A NEED.
✳ TAKE INSPIRATION WHERE YOU CAN, BUT REMEMBER THAT A RETURN TO HEALTH WILL BE LIKE A BALANCING ACT - SHIFTING & CHANGING ALL THE TIME.
✳ PLANTING TREES & FARMING IS AWESOME. SO IS A LOT OF OTHER STUFF.
✳ EMPLOY THE "8 FORMS OF CAPITAL" & WORK TO LEGITIMIZE ALTERNATIVE FORMS OF WEALTH.


✳ THIS IS WHERE A LOT OF PEOPLE GET STUCK OR EXCLUDED. WE MUST REINVIGORATE THESE CONCEPTS TO BE PRIMARILY ABOUT RELATIONSHIP - A DYNAMIC AND INCLUSIVE PUSH TOWARDS THE HEALING OF A FRACTURED WORLD.
YES LAND
Permaculture in Action
WE ARE ALL TASKED WITH THE WORK OF KNITTING OUR WORLD BACK TOGETHER. WE ARE CREATIVE PARTICIPANTS!

Permaculture Principles

1. **Observe and Interact** – "Beauty is in the mind of the beholder"
By taking the time to engage with nature we can design solutions that suit our particular situation.

2. **Catch and Store Energy** – "Make hay while the sun shines"
By developing systems that collect resources when they are abundant, we can use them in times of need.

3. **Obtain a yield** – "You can't work on an empty stomach"
Ensure that you are getting truly useful rewards as part of the working you are doing.

4. **Apply Self Regulation and Accept Feedback** – "The sins of the fathers are visited on the children of the seventh generation"
We need to discourage inappropriate activity to ensure that systems can continue to function well. Negative feedback is often slow to emerge.

5. **Use and Value Renewable Resources and Services** – "Let nature take its course"
Make the best use of nature's abundance to reduce our consumptive behavior and dependence on non-renewable resources.

6. **Produce No Waste** – "Waste not, want not" or "A stitch in time saves nine"
By valuing and making use of all the resources that are available to us, nothing goes to waste.

1. WORK TO BANISH DISEMPOWERING MINDSETS.

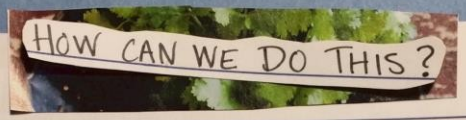
DON'T FALL INTO THE PSYCHOLOGICAL TRAP THAT SAYS THAT IF YOU CAN'T MEET SOME IDEALISED VISION THERE ISN'T A POINT. ON THE CONTRARY! YOU HELP TO INFORM THE MISSION! YOUR EXPERIENCE IS WHAT WE NEED.

Remember that anything you do- any energy you put towards growing this seed - is 100% more progress than not at all.

THIS SHIFT IN MINDSET IS **PART OF THE RESISTANCE** IN FACT, IT'S FOUNDATIONAL.

Permaculture Principles CONTINUED...

7. **Design From Patterns to Details** – "Can't see the forest for the trees"
By stepping back, we can observe patterns in nature and society. These can form the backbone of our designs, with the details filled in as we go.



8. **Integrate Rather Than Segregate** – "Many hands make light work"
By putting the right things in the right place, relationships develop between those things and they work together to support each other.

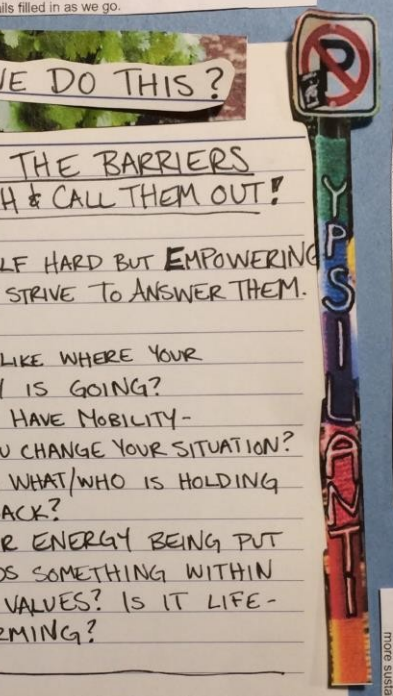
9. **Use Small and Slow Solutions** – "Slow and steady wins the race" or "The bigger they are, the harder they fall"
Small and slow systems are easier to maintain than big ones, making better use of local resources and produce more sustainable outcomes.

10. **Use and Value Diversity** – "Don't put all your eggs in one basket"
Diversity reduces vulnerability to a variety of threats and takes advantage of the unique nature of the environment in which it resides.

11. **Use Edges and Value the Marginal** – "Don't think you are on the right track just because it's a well-beaten path"
The interface between things is where the most interesting events take place. These are often the most valuable, diverse and productive elements in the system.

12. **Creatively Use and Respond to Change** – "Vision is not seeing things as they are but as they will be"
We can have a positive impact on inevitable change by carefully observing and then intervening at the right time.

2. IDENTIFY THE BARRIERS TO GROWTH & CALL THEM OUT!

- ASK YOURSELF HARD BUT EMPOWERING QUESTIONS & STRIVE TO ANSWER THEM.
- DO YOU LIKE WHERE YOUR ENERGY IS GOING?
- DO YOU HAVE MOBILITY- CAN YOU CHANGE YOUR SITUATION?
- IF NOT, WHAT/WHO IS HOLDING YOU BACK?
- IS YOUR ENERGY BEING PUT TOWARDS SOMETHING WITHIN YOUR VALUES? IS IT LIFE-AFFIRMING?

ASK YOUR OWN QUESTIONS HERE!